

2024-2025 YEARBOOK



2024 PUBLIC STATE CHAMPIONS



ESTABLISHED 1997



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GOOD LUCK NORTHERN HIGHLANDS HOCKEY TEAM!

Harry Kristine Karen Greg
& ALL YOUR FRIENDS AT
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Our History:

Our inaugural season began with two teams on the ice and a total of thirty-five players. The season ended with the Highlands Hockey Bantam team winning the House League Championship title at Sport-O-Rama Ice Rink in Monsey, New York. By the Fall of 1997 the initial efforts had grown to sponsoring four teams with over seventy-five active players. In 1998 the NHRHS Board of Education accepted our proposal of creating a Junior Varsity ice hockey team at the high school.

Our Founding Fathers:

Pete Borzilleri, Ken Colameo, Mike Dommenege, Greg Erstling, Bill Kittredge, Rob Port, Tom Romans, Tony Sabino, Lou Scipione and Rick Viole.

The Highlands Hockey Association appreciates all the hard work and dedication of each of the board members both past and present helping to continue the growth and success of the Highlands Hockey program.

2024-25 Board Members

Ian Ratner (President)
Michelle Freedberg (Vice President)
Corissa Stepp
Allison Strohmeyer
Mike Connors
Jenn Baratta
Debbie Morin
Francine Abel
Adam Boyle
Megan Rinaldi

Highlands Hockey Association helps to coach, train and nurture children who wish to learn to play ice hockey. This is accomplished through the assistance and efforts of volunteer parents who donate their time, energy and resources. Our home rink is Sport-O-Rama Ice Rink, Monsey, NY.

Highlands Hockey Association's spring season begins the end of March and runs to mid June with teams at the Pre-Mites (ages 5-7), Mites (ages 6-8), Squirts (ages 9-10), Peewees (ages 11-12), Bantam (ages 13-14), and Junior Varsity/Varsity (ages 15-18).

Highlands Hockey Association participates in the Sport-O-Rama Ice Rink Fall Recreational program for pre-mites and mites. The winter season starts in mid-November and finishes late February. At the moment the winter season consists of the NHRHS Junior Varsity and Varsity teams.

Highlands Hockey Association offers learn to skate and beginner hockey clinics during the winter and spring months.

Highlands Hockey Association is a non-profit organization and underwrites the costs associated with maintaining all the ongoing programs, including the NHRHS Junior Varsity and Varsity teams. The combination of player fees, fundraisers and donations help Highlands Hockey Association maintain a sound financial statement.

Visit www.highlandshockey.com to keep apprised of current happenings within our Highlands Youth Program and to view NHRHS Junior Varsity and Varsity schedules.

If you are interested in volunteering and/or wish to have your child(ren) participate in our program, email highlandshockey@gmail.com.

2024-2025



NHRHS 2024-25 Roster

2	Nicholas Abuladze	D	Sophomore
4	Laken Rhodieck	F	Sophomore
5	Augie Ratner	F	Junior
7	Nate Freedberg	F	Freshman
9	Jesse Di Staulo	F	Sophomore
12	Carter Beswick	F	Freshman
13	Tore Gagliano	F	Freshman
14	Brent Beswick	F	Senior
15	Joseph Castelano	D	Freshman
16	Marlow Lametrie	F	Freshman
17	JT Gandara	F	Senior
18	Joey Boccio	F	Sophomore
21	Jacob Kim	F	Sophomore
22	Tyler Van Dyke	F	Freshman
24	Arisa Costakis	F	Sophomore
25	Caden Rek	D	Junior
26	Donald Doraski	F	Sophomore
28	AJ Whelan	F	Junior
33	Reade Adams	G	Junior
39	David Kliger	F	Sophomore
50	Quinn DeBruyn	G	Senior
54	John Morin	D	Sophomore
55	Davin Friedman	F	Sophomore
70	Matthew Khaimov	G	Freshman
71	Ben Baratta	F	Sophomore

2024-25 SENIORS

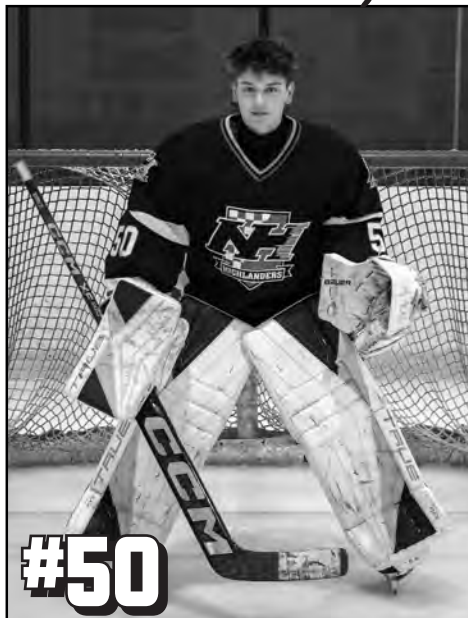


Brent Beswick, Quinn DeBruyn, JT Gandara

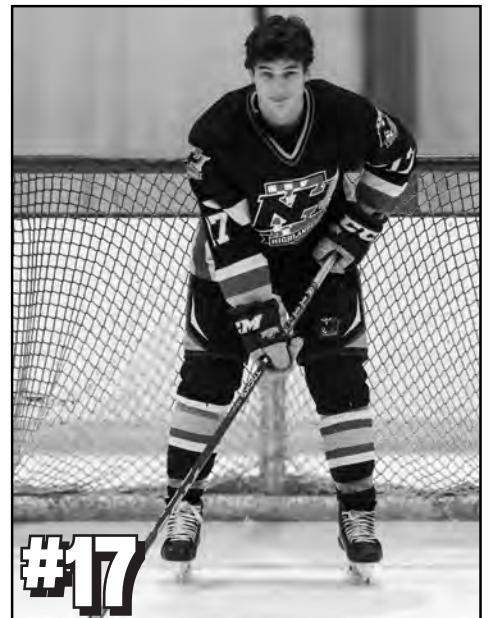
Brent Beswick



Quinn DeBruyn



JT Gandara



NHRHS Senior Players



NHRHS Senior Players



2024-25 JUNIORS



AJ Whelan, Augie Ratner, Caden Rek, Reade Adams



2024-25 SOPHOMORES



Nicholas Abuladze, Jesse Di Staulo, Donald Doraski, Justin Kliger, Joey Boccio,
Davin Friedman, Jacob Kim, John Morrin, Arisa Costakis, Not Pictured: Ben Baratta



2024-25 FRESHMEN



**Carter Beswick, Tyler Van Dyke, Laken Rohdieck, Marlow Lametrie,
Matthew Khaimov, Nate Freedberg, Joe Castelano, Tore Cagliano**





NHRHS Coaches



Jason Beswick

Head Coach

22 seasons coaching NHRHS Hockey
NHRHS Varsity 2007 NBIAL Cup Champions
2018, 2022, 2024 Public State Championship
Over 290 wins
Coached Ramapo Saints & NJ Devils Travel Hockey
USA Hockey level 5 coach



Scott Grossman

Assistant Coach

NHRHS Assistant Coach 2005-2010
NHRHS Varsity 2007 NBIAL Cup Champions
2018, 2022, 2024 Public State Championship
Saints U16
Saints Squirts
Saints U6
USA Hockey level 5 coach



Vincent Capano

Assistant Coach

USA Hockey level 4 coach



Joe Sabino

Assistant Coach

NHRHS Coach since 2007-08
Stats and Reporting, Social Media, Photography
NHRHS Ice Hockey Varsity Captain 2002
2018, 2022, 2024 Public State Championship

REGULAR SEASON

TUESDAY 12/10/24	5:30 PM	VS.	WEST MORRIS CENTRAL (SPORT-O-RAMA)
WEDNESDAY 12/11/24	7:15 PM	@	OLD TAPPAN (PALISADES CENTER)
SUNDAY 12/15/24	7:30 PM	VS.	CHATHAM (SPORT-O-RAMA)
TUESDAY 12/17/24	3:45 PM	VS.	SUFFERN (SPORT-O-RAMA)
THURSDAY 12/19/25	5:30 PM	VS.	PASCACK VALLEY (SPORT-O-RAMA)
FRIDAY 12/15/23	7:15 PM	@	PARAMUS (ICE HOUSE)
SUNDAY 12/17/23	5:30 PM	@	PARAMUS CATHOLIC (ICE HOUSE)
MONDAY 12/23/25	8:15 PM	VS.	TENAFLY (SPORT-O-RAMA)
THURSDAY 12/26/25	6:30 PM	VS.	ST. JOE'S COLLEGIATE (BUFFALO) (SPORT-O-RAMA)
FRIDAY 12/27/25	2:50 PM	@	DARIEN (CT) (DARIEN ICE HOUSE)
SUNDAY 12/29/25	1:30 PM	VS.	RANDOLPH (ICE VAULT)
THURSDAY 1/2/25	5:30 PM	@	PASCACK VALLEY (SPORT-O-RAMA)
MONDAY 1/6/25	7:50 PM	@	FAIR LAWN (MONTCLAIR STATE UNIVERSITY)
THURSDAY 1/9/25	6:00 PM	VS.	RAMSEY (ICE VAULT)
TUESDAY 1/14/25	5:30 PM	VS.	OLD TAPPAN (SPORT-O-RAMA)
THURSDAY 1/23/25	5:20 PM	VS.	CLIFTON (SPORT-O-RAMA)
TUESDAY 1/28/25	5:30 PM	VS.	WESTFIELD (SPORT-O-RAMA)
WEDNESDAY 1/29/25	6:50 PM	@	POPE JOHN (SKYLANDS)
FRIDAY 1/31/25	7:30 PM	@	RIDGEWOOD (ICE HOUSE)
TUESDAY 2/4/25	4:10 PM	VS.	RIVER DELL (SPORT-O-RAMA)

Ice Rink Addresses

Sport-O-Rama Ice Rink (Our Home Rink) **20 College Road, Monsey, NY**

Mackay Park
130 W. Englewood Ave,
Englewood NJ

South Mountain Arena
560 Northfield Avenue,
West Orange, NJ

Ice House Arena
111 Midtown Bridge Approach
Hackensack, NJ

Mennen Sports Arena
161 Hanover Ave,
Morristown, NJ

Ice Vault Arena
10 Nevins Drive
Wayne, NJ

Richard Korpi Arena
28th St. & Ave. A
Bayonne, NJ 07002

Floyd Hall
28 Clove Road
Little Falls, NJ

Buchmuller Park
1203 Paterson Plank Rd.
Secaucus, NJ 07094

Clary Anderson Arena
41 Chestnut Street
Montclair, NJ

Pershing Field Ice Rink
807 Summit Ave.
Jersey City, NJ 07307

SportscareArena/Aspen Ice
16 Aspen Drive,
Randolph NJ, 07869

RWJ Barnabas Health Hockey House
25 Lafayette Street
Newark, NJ 07102

Twin Oaks Ice Rink
65 Columbia Road
Morristown, NJ 07960

Skylands Ice World
2765 State Hwy 23,
Stockholm, NJ 07460

Red Bank Armory
76 Chestnut Street
Red Bank, NJ 07701

ProSkate Ice Arena
1000 Cornwall Road
Monmouth Junction, NJ 08852

Warinanco Sports Center
1 Park Drive
Roselle, NJ 07203

Palisades Center Ice Rink
Palisades Center Mall 4th floor
4900 West Nyack Rd.
West Nyack, NY

Secaucus Ice Skating Rink
13-33 Third Ave.
Secaucus, NJ 07094

State Tournament

2024 Public Champions
2023 Public B Semi-Finals
2022 Public B Champions
2019 Public C Semi-Finals
2018 Public B Champions
2017 Public B Round of 16
2016 Public B Round of 16
2012 Round of 16
2011 – Northern Highlands Varsity – Round of 16
2010 – Northern Highlands Varsity – Round of 16
2009 – Northern Highlands Varsity – Final Four
2008 – Northern Highlands Varsity – Final Four
2007 – Northern Highlands Varsity – Round of 16

Big North Conference

2024 – Season Conference Champions
2023 – Season Conference Champions, Gold Cup Champions
2022 – Season Conference Champions, Gold Cup Champions
2021 – Season Conference Champions
2021 – Season Freedom Division Champions
2020 – Silver Cup Champions

NBIAL

2007 – Northern Highlands Varsity – Regular Season Champions
2007 – Northern Highlands Varsity - Cup Champions

Joe Sabino Award

This award, in honor of a member of NHRHS's Inauguration Varsity Team and the Class of 2002, is presented annually to the varsity ice hockey player who best exemplifies the qualities of perseverance, courage, sportsmanship and dedication to the team and the sport.

Vincenzo Capano (2024)
Ryan Wolfe (2023)
Will Fuller & Alex Zeng (2022)
Mason Prugh (2021)
Aidan Connolly (2020)
Sean Vlasich (2019)
Joe Konvit (2018)
Richard Vincent (2017)
Max Kestenbaum (2016)
Eric Brubaker & Jake Homan (2015)

Derek Hamilton (2014)
Matthew Sullivan (2013)
Harrison Fabris (2012)
Michael Hite (2011)
Enrique Carrion (2010)
Alfonso Carrion (2009)
Andrew Milanese (2008)
Stefan Bauer (2007)
Tim Erstling (2006)
Tim Koch (2005)

NHRHS Varsity Records

Points Leaders (Top 50 beginning with the 2006-2007 Season)

NAME	POINTS	YEAR
Patrick Erstling	197	2010
Brent Beswick	180	2025*
John Hite	171	2010
Bauer, Stefan	148	2007
Vincenzo Capano	147	2024
Milanesi, Andrew	139	2008
Ryan Ertmann	135	2012
Steven Milanesi	130	2010
Jake Baratta	125	2025
Sean Vlasich	119	2019
Will Fuller	106	2022
Joe Konvit	104	2018
Will Brown	101	2023
JT Gandara	93	2025*
Mark Cinotti	89	2019
Jack Sparago	84	2020
Jin Lee	74	2018
Corey Leskanic	73	2013
Aidan Connolly	71	2020
Halpin, Brian	70	2008
David Dachille	69	2015
Dylan Koh	64	2017
Hershman, Evan	59	2008
Ethan Conklin	55	2014
James Cerepak	54	2019
Collin Prugh	52	2024
Matt Gershengorn	50	2024
Jake Homan	48	2015
Cormac Cindrich	48	2020
Kelly, Ryan	45	2008
Duncan Constable	45	2010
Casey Murdock	45	2010
Vincent Masters	45	2014
James Massimi	44	2024
Keenan Alward	39	2017
Alex Zeng	37	2022
Max Kestenbaum	36	2017
Nick Lardieri	35	2022
Constantine Manos	34	2023
Nick Wilechansky	30	2011
Mason Prugh	29	2021
Eric Brubaker	28	2015
Alden McGivney	28	2022
Schwartz, Steve	27	2007
Matt Luing	26	2018
Joey DaLoisio	26	2021
Peirson DeBruyn	26	2023
Daniel Kulbanskiy	25	2024
Michael Hite	24	2012
Michael Lomuti	24	2012

* Still Active

Goaltending Leaders (beginning with the 2006-2007 Season)

NAME	YEAR	GAMES	SHOTS	SAVES	GAA	SAVE %
Harrison Fabris	2012	35	726	671	1.57	92.4%
Jordan Nathan	2010	66	1137	1011	1.91	88.9%
Alfonso Carrion	2009	20	449	398	2.55	88.6%
Enrique Carrion	2011	26	693	629	2.46	90.7%
Richard Vincent	2017	67	1333	1155	2.65	86.6%
John Werber	2019	51	709	650	1.13	91.7%
Daniel Moor	2024	47	1101	1042	1.27	94.6%
Reade Adams	2026*	28	676	617	2.11	91.2%
Quinn DeBruyn	2025*	20	558	518	2.00	92.8%
Matthew Khaimov	2028*	7	139	128	1.57	92.1%

NORTHERN HIGHLANDS FUTURE STARS



GRADE 8

CONNER BARNET
BAKER BRUSSELBACK
JULIA BUSSANICH
GRIFFIN CONNORS
MATTHEW COTTRELL
CONNOR CUSATO
AIDEN DEFRINO
BRETT DIAMOND
EVAN DORASKI
ETHAN HALLIGAN
JAKE MANDE
MATTHEW MCKENNA
NATE ST PIERRE
MARC RUGGERE
TYLER STEPP
BROOKS STROHMEYER
AUGUST ZENZIUS
TYLER ZREBIEC

GRADE 7

MAXIMUS AMITSIS
MADISON BESWICK
DYLAN BROWN
KIERAN DUNCAN
LUKE GALASSO
TOMMY GARTLAND
RYAN GRAVES
PARKER GUZMAN
ZACK HALLIGAN
BRAYDEN KEARSEY
IAN KIM
CHRISTIAN NEILL
CHRISTOPHER RAGAZZO
BLAKE REDDY
BRETT SPINA
DOMINIC TREBY
SHANE VAN DYKE
DARVIN WALL
JOEY ZREBIEC

GRADE 6

CYRUS AZMI
IAN HAMMEL
MILES LEE
LIAM MEHEGAN
ROMAN NIEVES
EVERETT STEPP
VAN STROHMEYER

GRADE 5

BROOKS BELSOLE
KANE CISCO
DYLAN DISTAULO
BRANDON FLYNN
TAYLOR GUZMAN
LUCAS LUTZER
LUKE MCGUIRL
THOMAS MURPHY
ANDREW POHLMAN
DAMIEN RUBINSTEIN
VICTOR RUGGERE
LEO SYM
CAMERON VAHID
CHARLIE VAN DYKE
ETHAN YACOBI

GRADE 4

VINCENT ABEL
COLIN BARRETO
BOWEN BESWICK
JUDE BESWICK
DECLAN BOYLE
VINCENT BRENNAN
JACK CAPUANO
RYLAN DIMENTMAN
SAWYER DUNCAN
BEN FLYNN
ZACHARY FOX
RAFAELA GAGLIANO
AVERY HALDER
BEN HOLMES
OWEN KEARSEY
HUAYANG LI
DYLAN LIU
CHRIS O'CONNOR
HENRY RAHAL
JACK RIVERA
ETHAN RUGG
SUMMER STROHMEYER
HUDSON TAYLOR
WILLIAM THORWARTH
OLEG VUGMAN
EVERETT WOLLER
ALEX ZREBIEC

GRADE 3

PASHA AZMI
MILLER BERGEN
LUKE BUSSANICH
BEN FLYNN
BEAU KERN
MADISON KIM
CHRISTOPHER LANZALOTTO
LOGAN LUTZER
DEREK MCGUIRL
LUKE MURPHY
MAX POHLMAN
WILLIAM THORWARTH
GRAHAM VIGNONE

GRADE 2

AUSTIN ABEL
JACK AUCLAIR
ROBERT BRENNAN
LUCIE CAPUANO
BECKETT FOYE
GENEVIEVE HALDER
JONATHAN ILIN
PIA RAHAL
HAILEY SCHLEICHER
GALE TASHIRO

GRADE 1

DANE BELSOLE
MATTHEW LANZALOTTO
DREW O'CONNOR
JAMES POHLMAN
CHRISTOPHER RINALDI
AUSTIN RUGG
CLAIRE THORWARTH

KINDERGARTEN

DANE BELSOLE
JOHN JORDAN
GRAHAM WOODS

PRE-K

CALLAN BOYLE
GREGORY HALDER
DOMINIC RINALDI

Learn To Skate



Spring Season Mites



Spring Season Squirts



2024 Public North Champions

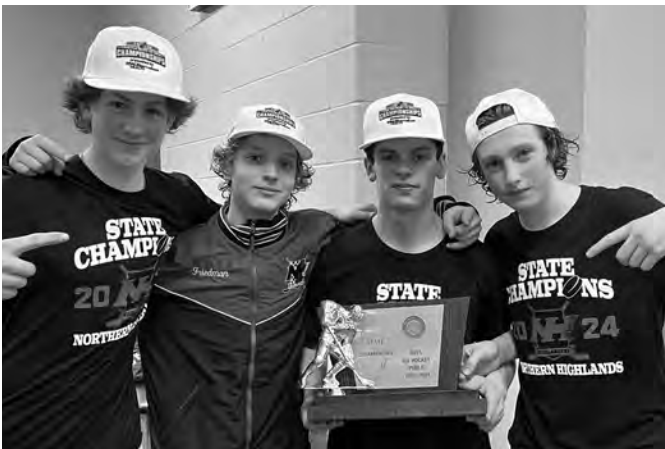


2024 Public State Champions





FORMER HHA PRESIDENTS
LOU SCIPIONE AND KEN COLAMEO





This hockey season
will be a special one!



Good luck, boys!



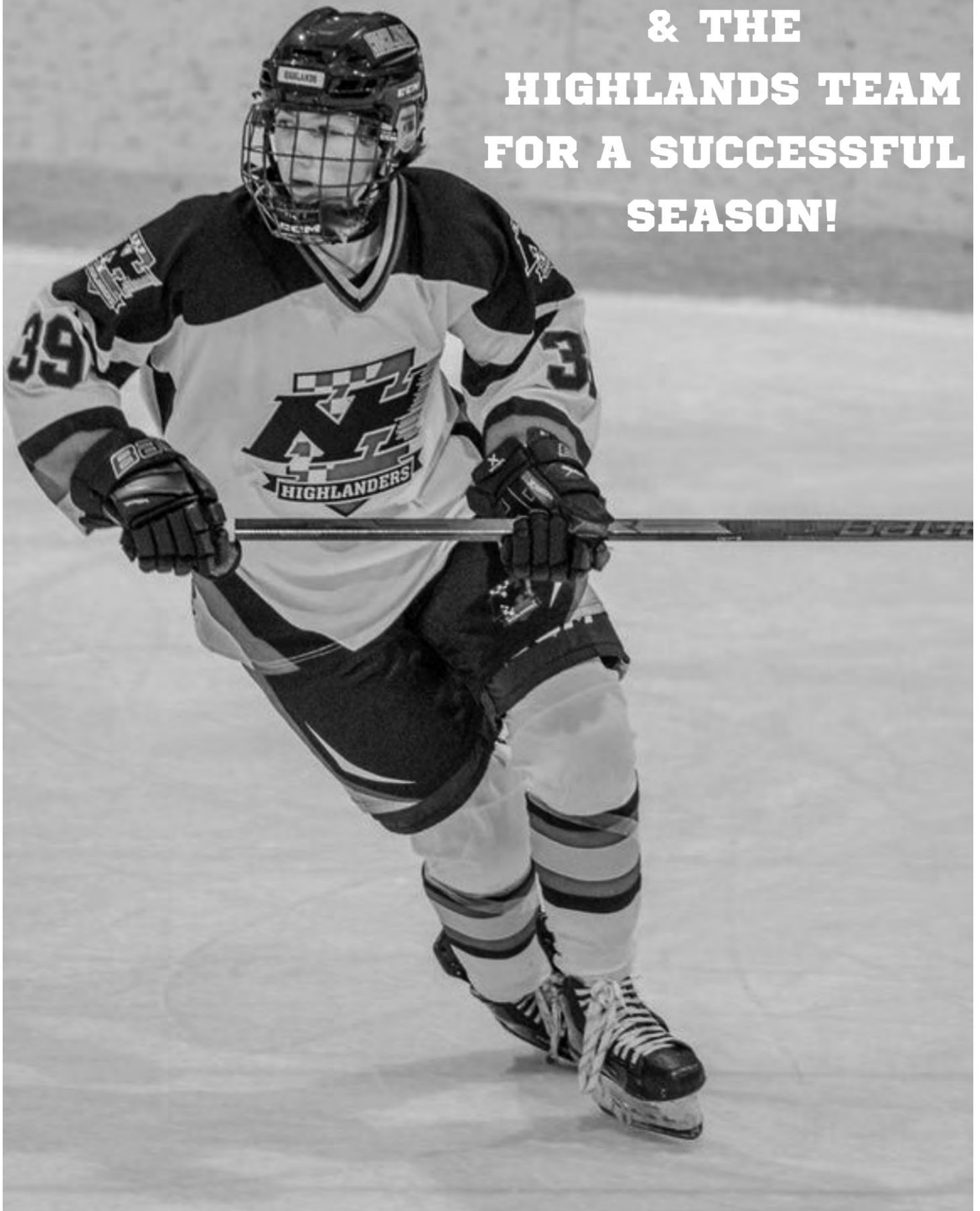
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GOOD LUCK DAVID # 39

**& THE
HIGHLANDS TEAM
FOR A SUCCESSFUL
SEASON!**





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together**

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**WISHING DAVIN #55 AND ALL HIS
TEAMMATES A GREAT SEASON**



GO HIGHLANDS!

Love Mom, Dad, and Ava

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Jason P Beswick, AAMS™

Financial Advisor

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Congratulations
Coach Beswick
on the State Championships



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M-F: 8am to 8pm, S-S: 8am to 5pm



Wishing Davin Friedman and
Northern Highlands Varsity Hockey Team
the best of luck this season!

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***"A Courtroom Bulldog
Who Won't Be Leashed"***
- The Record



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CLASS OF 2028

NORTHERN HIGHLANDS

You continue to amaze us every day. We can't wait to see what happens this season at Highlands.

Go Marlow!

Talulah, Mom & Dad.

**We are proud
to support the
Highlands
Hockey
Association**



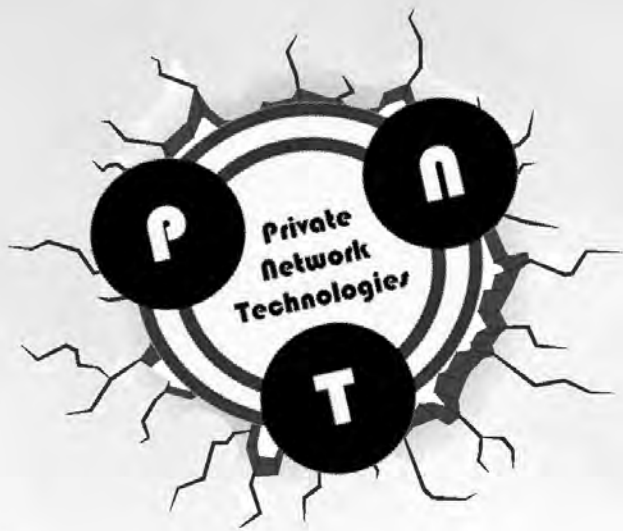
**Good Luck to the
Northern Highlands
Varsity & Junior Varsity Teams**

The Strohmeyer Family

triangle

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GO HIGHLANDERS
DEFEND THE TITLE



**BRING HOME ANOTHER
STATE CHAMPIONSHIP**



The bigger you DREAM, the bigger you PLAY!
Wishing the Northern Highlands Hockey Team
GOOD LUCK!

Love to #4, Laken!
- The Rohdieck Family



THINK—
—ROYLN

HIGHLANDS HOCKEY



YOU'VE GOT THIS IN THE BAG

 [thinkroyln.fashion](https://www.facebook.com/thinkroyln.fashion)

 [thinkroyln](https://www.instagram.com/thinkroyln)

 [thinkroyln.com](https://www.thinkroyln.com)

A collage of seven black and white photographs documenting the hockey journey of a young man. The photos show him with teammates, in action on the ice, with a parent, receiving a trophy, and a large group photo of the team and coaches.

A collage of seven black and white photographs documenting the hockey journey of a young man. The photos show him with teammates, in action on the ice, with a parent, receiving a trophy, and a large group photo of the team and coaches.

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Good luck Highland's Hockey!

Brent

You have been a Highlander since the day you were born. Enjoy every second of this season as a senior. We love you so much! Go Highlands! Love Mom, Dad, Coco, Grandma, Gramps, and Phil Beans



Best of luck to Highlands Hockey!
GO BIG RED!



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ADAMS #33

Here's to another
amazing season!
Best of Luck to you
and the
Highlands Hockey team!

We couldn't be more proud
of you, Reade!

**All our love
Mom, Dad & Remy**

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RSVPTOME



RSVPTOME

Good luck, Carter, as you take the ice for your first high school hockey season!



We wish you and the entire team a successful season.
Go Highlands!

Love Mom, Dad and Madison

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The Pelletier, Verrelli, and Davin Family



**Best of luck Jesse
and the entire
Highlands Hockey team!
Love,
Mom, Dad,
Dylan and Harlee**



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GO NORTHERN HIGHLANDERS!



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Good Luck on the New Season Jacob



Go Highlands! Mom, Dad, Ian & Madison

**Joe, We are so proud!
Excited to see what
the future holds for you.
Your biggest fans. Love You.
Mom, Dad, Amanda, Samantha & Grandma**



BEST OF LUCK

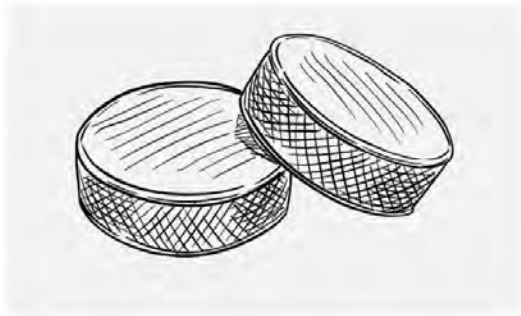
**JOHN # 54
& THE ENTIRE
HIGHLANDS HOCKEY
TEAM**

**Love,
Mom, Dad & Joseph**



**Best of Luck Matthew
and the
Highlands Hockey Team!**

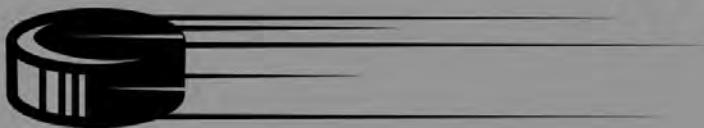
**Love,
Mom, Dad, Alexandra, & Levi**



**Good Luck
Highlands!**

WE LOVE YOU # 7

**LOVE
THE FREEDBERG FAMILY**



Best of Luck Donny #26 and the Highlands Hockey Team



LOVE, MOM, DAD & EVAN



**Go
Highlanders!**

***Wishing Caden and his
teammates a great season!***



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**We wish you a
successful season!**

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**GOOD LUCK
2024-2025
HIGHLANDERS!**

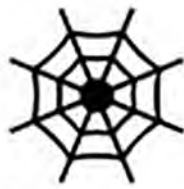


**FROM THE
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(AND FUTURE
HIGHLANDERS)**



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AJ #28

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**Love,
Mom**

good luck
**GO
HIGHLANDS!**

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Go Arisa



Proud of you
and your passion!

Love you!
Mom, Dad & Lena



*Good Luck
Highlands Hockey!*

Continue the tradition of excellence!
The Capano Family

Best of Luck and
success to you and
your hockey team at
Northern Highlands
High School.



We Love You,
Nana & Peepa



KEEP SKATING

**LOVE,
ANG & TOMMY**



Joey,
Good Luck this year to you
& the Highlands Hockey Team!
Love,
Mom & Dad



Lots of Luck
**AND KEEP THOSE GOALS
COMING!**

**LOVE
UNCLE RICHIE, AUNT JEN,
RICHIE AND AMANDA**

Carter- we've been watching you play hockey since you were a mite, and can't wait to watch you play for Highlands!



Good luck to the 2024-25 Highlanders!
Love, Grandma & Grandpa

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**Good Luck to the
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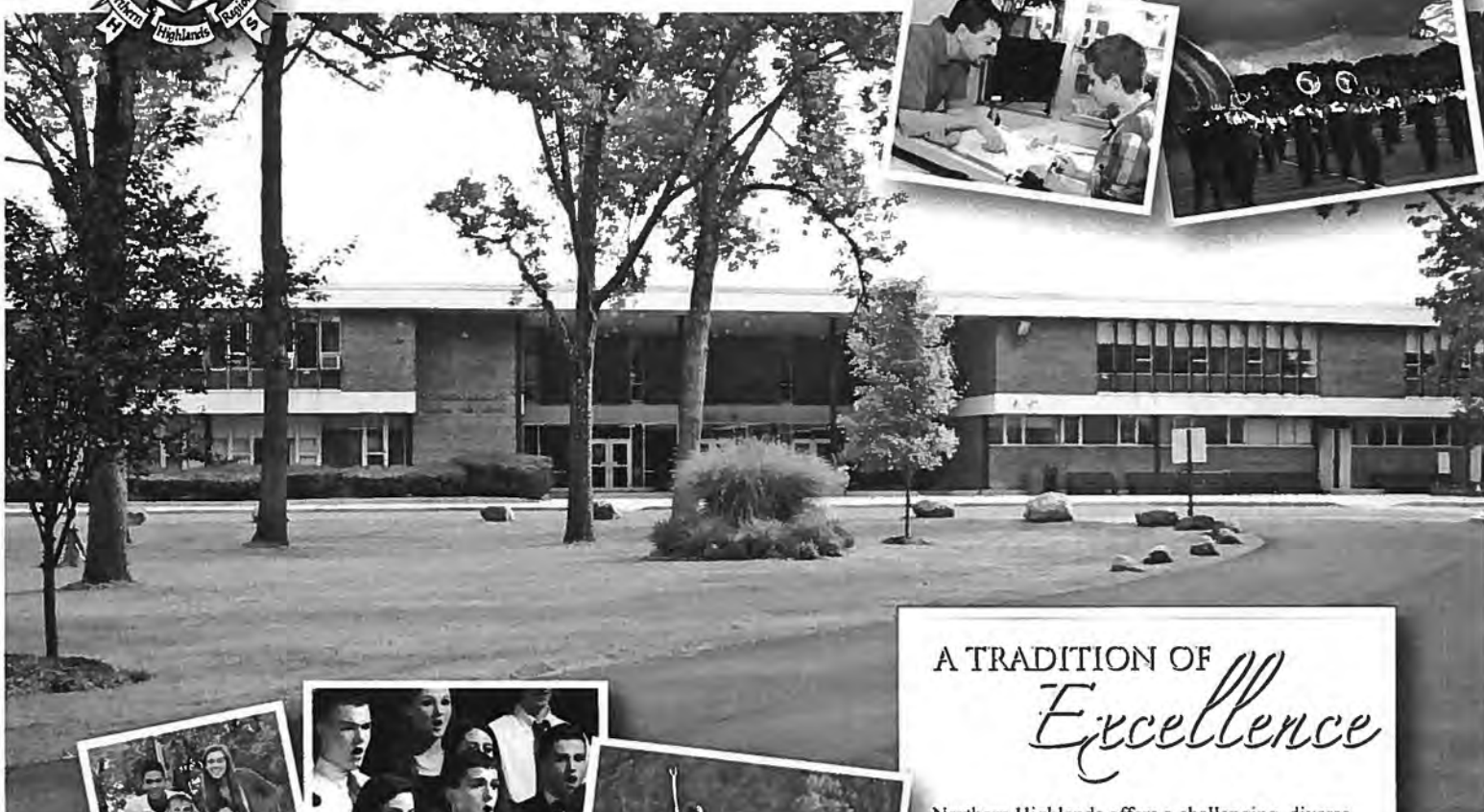
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About Northern Highlands

Northern Highlands Regional High School is a four-year comprehensive public high school that addresses the needs of all of its students with an emphasis on preparation for education beyond high school. Its long tradition of academic excellence and the school's reputation for scholarly achievement is complemented by Highlands' placement of students in colleges and universities around the nation.

The current school population is 1348 with 332 students enrolled in the 9th grade. Because of the highly competitive nature of its student body Northern Highlands does not rank its students; rather, it provides colleges and universities with a comprehensive academic profile of its entire student body.

Our four-day rotating schedule has complemented our efforts towards delivering a well-rounded comprehensive curriculum. Students at NHRHS are scheduled for eight courses, six of which meet daily. This schedule provides longer segments of time (57 minute periods) to engage in higher-order thinking and performance-based learning. Our program of study is designed to serve the interests and needs of all students. To receive a Northern Highlands Regional High School diploma, all students must earn a minimum of 125 credits; extensive course offerings in English, Mathematics, Social Studies, Science, and World Languages allow students to fulfill requirements in a manner which suits their strengths and interests.

Core subjects are supplemented by challenging elective courses in Business Education, Applied Technology, Family and Consumer Sciences, Music and Fine Arts. In addition to this, NHRHS offers 42 Honors courses and 21 Advanced Placement courses to aid student growth and achievement. In addition to these offerings, Northern Highlands also offers a number of courses in which students may earn college credit. Syracuse University Project Advance (SUPA) is a prestigious program in which students may earn college credits that are accepted at universities around the nation based on their successful completion of these courses. Our Dual Enrollment program also extends to other institutions, allowing students to accumulate credit through Bergen Community College, Fairleigh Dickinson University and Rutgers University.

Northern Highlands also offers over 60 award-winning co-curricular activities which include clubs in the following areas: vocal and instrumental music, drama, musicals, Marching Band, Color Guard, DECA, Robotics, Engineering, a number of service-based learning groups, and many more. Northern Highlands also offers a wide range of interscholastic sports. Our top-ranked athletic program has 15 sports for boys and 16 sports for girls and approximately 92% of our students participate in one or more of Highlands' co-curricular activities. However, none of this would be possible without our dedicated faculty.

Northern Highlands staff members provide high-level instruction through various methodologies.

Our teachers are dedicated professionals making great efforts to create a safe and nurturing learning environment. In addition, our outstanding facility and campus complement our efforts towards making Northern Highlands a great place for our students and parents.

To enhance instructional practices and overall educational experience in the digital age, our school has also been updated with the latest technology. Ceiling-mounted projectors, screens and document cameras have been installed in every instructional area. Our vast facility includes a science wing with fifteen labs, seven prep rooms and five classrooms. In addition, we are currently in the midst of an initiative in which each student and staff member will receive a school-issued electronic device. We have also expanded and renovated the following areas:

- ❖ Television Production Studio
- ❖ Photography Darkroom
- ❖ Child Development Room
- ❖ Wellness Center (free weights and cardiovascular equipment)
- ❖ Band Room - soundproof modules and instrument storage
- ❖ Two Wood Shops
- ❖ CAD Room and Engineering Lab
- ❖ STEM Lab
- ❖ Two Instructional Kitchens
- ❖ Multi-Media World Language Lab
- ❖ SMART Board Technology
- ❖ Conference Rooms
- ❖ Yearbook and Student Newspaper Labs
- ❖ Upgraded Cafeteria Facilities
- ❖ A completely renovated Planetarium complete with the latest digital technology

In addition, we have several well-maintained courtyards providing students with a safe and attractive area to relax and spend time with friends during lunch and after school.



- Consistently ranked among the state's highest performing high schools
- Diverse curriculum of over 195 courses
- Twenty-one Advanced Placement courses
- Many dual enrollment programs offered in partnership with UMDNJ, Fairleigh Dickinson, Syracuse University and Bergen Community College
- Co-curricular program with over 60 clubs and activities
- Girls and Boys Athletic programs featuring multiple levels for 19 sports
- Beautiful 65 acre campus with state-of-the-art facilities including TV Studio, Fitness Center, Instructional Kitchens, Wood Technology labs, Photography Dark Rooms and an all-weather Turf Athletic Field

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Good luck to Jake and Ben and the Highlands Hockey Team!



Love,
The Tisch Family

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